

Presidents-Rapporteurs

Antonios Vassilakis Archaeologist, Ph.D. University of Crete

Katerina Gardika Asst. Professor of History, E.K.P.A

Elisavet Ganiatsou, Anthropologist, Ph.D

Antonia Matala Professor of Nutrition, Harokopio University

Maria Basta Professor of Psychiatry, Medical School, University of Crete

Nikos Xirotyris Professor D.P.Th

Yannis Tsiaousis Professor, Director of the Medical Museum of Crete, Medical School of the University of Crete

Ioanna Tsiligianni Asst. Professor of General Medicine and Dept. health, Medical School of the University of Crete

Grigoris Tsoukalas Asst. Professor of History of Medicine, University of Crete

The CLLD/LEADER Local Program is co-financed by the European Agricultural Fund Rural Development Fund and the Ministry of Rural Development and Food.



Messara Association

Levina Days

“Health - Culture - Human - Nature”

seminars
educational activities
environmental initiatives
dance theater

Friday, April 26, Saturday,
April 27, & Sunday, April 28, 2024

.Lentas
.Miamou

Με την υποστήριξη:



Περιφέρεια Κρήτης



Με τη συνεργασία:

Μουσείο Ιατρικής Κρήτης
Ιατρική Σχολή Παν/μιο Κρήτης

Με τη στήριξη του Τοπικού
Προγράμματος CLLD/LEADER
Μεσαράς



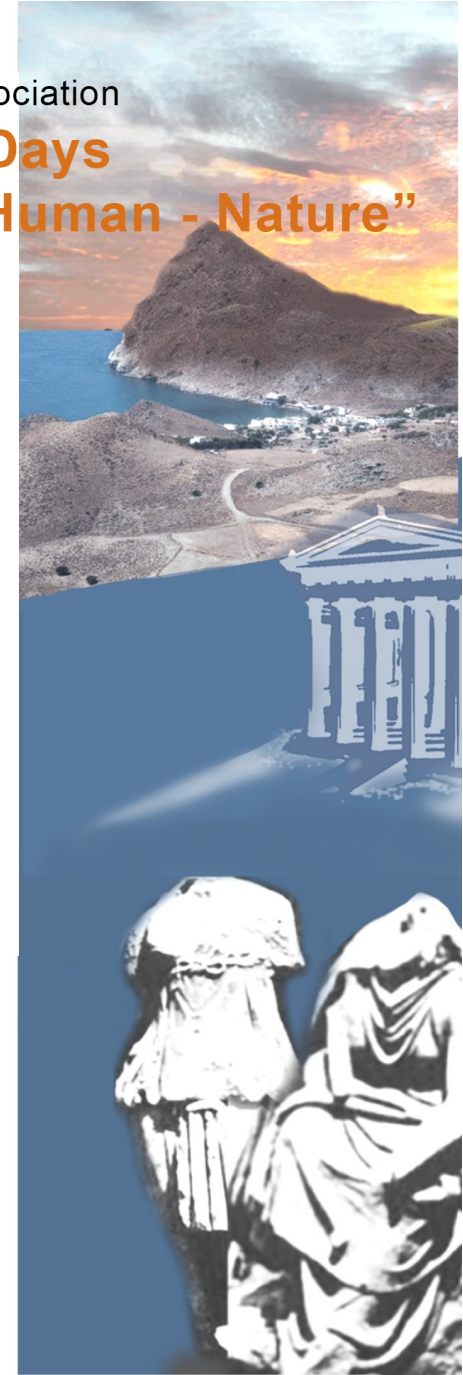
ΕΥΡΩΠΑΪΚΟ ΓΕΩΡΓΙΚΟ ΤΑΜΕΙΟ ΑΓΡΟΤΙΚΗΣ ΑΝΑΠΤΥΞΗΣ
Η Ευρώπη επενδύει στις αγροτικές περιοχές



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΥΠΟΥΡΓΕΙΟ ΑΓΡΟΤΙΚΗΣ ΑΝΑΠΤΥΞΗΣ ΚΑΙ ΤΡΟΦΙΜΩΝ



Με συγχρηματοδότηση της Ελλάδας και της Ευρωπαϊκής Ένωσης
Ευρωπαϊκό Γεωργικό Ταμείο Αγροτικής Ανάπτυξης



PROGRAM

Friday, April 26, 2024

17.30- 18.00: Regional Governor of Crete, Stavros Arnautakis
 Regards Metropolitan of Gortyna & Arcadia Makarios
 Mayor of Gortyna, Michalis Kokolakis
 Director of the Museum of Medicine of Crete, Professor Yiannis Tsiaousis Heraklion Antiquities
 Board President, Michalis Sfyridakis Cultural Association "Asklipios", Kostas Manidakis President of OU NESCO Asterousion, Theano Brass Network of Cultural Associations Messara, Mich. Spyridakis

18.00-21.00 **1st Scientific Conference**
Topic: Asklepiia and Ancient Greek Medicine
Miamou Primary School

Chair: *Yiannis Tsiaousis, Ioanna Tsiligianni*

The Asclepion of Levina in the course of time

Antonios Vasilakis

Sleep as a therapeutic practice in Asclepian Medicine

Maria Basta

Malaria and infectious diseases in ancient Greece

Katerina Gardika

Discussion

Parallel Events

Educational actions - programs for students of Primary and Secondary Education Implementation:
 Athina Garganouraki, Maria Tsagaraki, Fani Kampani

10.00 am – 2.00 pm

PROGRAM

Saturday, April 27, 2024

10.00 -13.00 **2nd Scientific Conference**
Topic: Nutrition—man—nature
Miamou Primary School

Chair: *Nikos Xirotyris, Giannis Tsiaousis*

Environmental & cultural parameters of nutrition Antonia Matala

Nutrition and anthropological characteristics
 Elisavet Ganiatsou

The diet of the ancient Greeks
 Grigoris Tsoukalas

Discussion

Parallel Events

18.00 Tree planting

19.00 **Guided tour** of the Archaeological site of Levina:
 Vassilakis Antonios, Tsatsaki Eugenia

20.00 **Dance theater of letiras nosoun Asklipion**
 (Lendas) Reni Papadakis Ploumidou

SCHEDULE

Sunday, April 28, 2024

10:00- 12:00 **Guided tour of the Archaeological Museum of Messara and Gortyna**
 Antonios Vasilakis

14:00-16:00 **Local Tasting**
 Miamos Cultural Association Hall - Lenda , Asclepius