

FINAL PROGRAM

CLINICAL / LABORATORY
SUMMER-WINTER SCHOOLS,
MEDICAL SCHOOL,
UNIVERSITY OF CRETE



Title of Winter School:

CHILD AND SPORT SAFETY:

BASIC CARDIAC AND GENERAL HEALTH EVALUATION

Coordinating Department / Laboratory:

School of Medicine, University of Crete

Scientific coordinator:

Prof. I. Germanakis

Web-site: https://welcome.uoc.gr/2024/09/20/child-and-sport-safety/

https://studyingreece.edu.gr/child-and-sport-safety-uoc/

Under the Auspices

Hellenic Society of Cardiology

Hellenic Association of Pediatric Cardiology

Ministry of Education, Religious Affairs and Sports







Scientific-Organizing Committee:

Prof. I. Germanakis, Prof. E. Paraskakis, Assist. Prof. C. Perdikogiani, Assist. Prof. E. Vergadi, Prof. E. Galanakis

Aims

The winter school aims to present the principles of basic cardiac (including cardiac auscultation and pediatric electrocardiogram interpretation) as well as general health assessment during preparticipation screening for children participating in school and organized sports.

2 ECTS Credits will be awarded.

IT Support: Mr. Konstantinos Mavroforakis, E mail: kmavrof@uoc.gr

Secretary: Mrs Eleni Chalkiti, E mail: e.chalkiti@uoc.gr



Sunday November 3rd

Zoom platform test connection Afternoon 18.00-21.00 Teachers Only!

Monday November 4th

Zoom platform test connection Morning 09.00-15.00 Teachers Only!

Monday November 4th

General Health Evaluation and disease-specific recommendations in childhood sports

Synchronous e-learning lectures (Zoom platform) Afternoon 17.00-21.00

Presentations: max 20 minutes + 5 minutes interactive discussion

| Welcome Faculty Greetings | | 17.00-17.15 |
|--|-----------------|-------------|
| Part I | | |
| Introduction -What sport for which child | Germanakis I | 17.15-17.30 |
| Childhood / Adolescence Psychology | Pratikaki A | 17.35-17.55 |
| Pediatric Neurology and sports | Vorgia L | 18.00-18.20 |
| Pediatric Pulmonology and sports | Paraskakis E | 18.25-18.45 |
| Pediatric Orthopedics and sports | Dimitriou R | 18.50-19.10 |
| | | |
| PAUSE | | 19.15-19.30 |
| | | |
| Part II | | |
| Pediatric Endocrinology and sports | Maniadaki I | 19.30-19.50 |
| Pediatric Nephrology and sports | Bitsori M | 19.55-20.15 |
| Pediatric Rheumatology and sports | Perdikogianni C | 20.20-20.40 |
| The female athlete | Verkousis T | 20.40-21.00 |

^{*}All teachers are kindly invited to download zoom software (https://zoom.us/download) and arrange an appointment for testing their connection and presentation sharing, by directly contacting Mr Kostas Mavroforakis (mail to: kmavrof@uoc.gr) regarding their availability for a technical support appointment, or connect any time during the above time period through the zoom link that will be sent to participant teachers.

Tuesday November 5th

General Health Evaluation and disease-specific recommendations in childhood sports

Synchronous e-learning lectures (Zoom platform) Afternoon 17.00-21.00

Presentations: max 20 minutes + 5 minutes interactive discussion

| Part I | | |
|---|---------------------|----------------|
| Infectious control and sports | Vergadi E | 17.00-17.20 |
| Ophthalmology and sports | Plainis S | 17.25-17.45 |
| Diabetes and sports | Lioudaki M | 17.50-18.10 |
| Pediatric Hematology-Oncology and Sports | Katzilakis N | 18.15-18.35 |
| | | |
| PAUSE | | 18.40-18.50 |
| | | |
| Part II | | |
| US guided interventions in pediatric athletes | Drakonaki E | 18.50-19.10 |
| Contusions and brain injury in sports | Vakis A | 19.15-19.35 |
| Imaging sport injuries in children | Raisaki M | 19.40-20.00 |
| First aid in pediatric sports | Ilia S | 20.05-20.25 |
| Students experiences & suggestions | Students (5min each | n) 20.30-21.00 |

Wednesday November 6th

Pediatric Cardiology and Sports

Synchronous e-learning lectures (Zoom platform) Afternoon 17.00-21.00

Presentations: max 20 minutes + 5 minutes interactive discussion

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| Germanakis I. | 17.00-17.20 |
|-------------------------|---|
| emiology Bagaki A | 17.25-17.45 |
| Giannakopoulou A | 17.50-18.10 |
| Vlahos A | 18.15-18.35 |
| Papadopoulou-Legbelou K | 18.40-19.00 |
| | 19.00-19.15 |
| Anagnostopoulou A | 19.15-19.35 |
| Karatza A | 19.40-20.00 |
| Ballmann L | 20.05-20.25 |
| Papagiannis I | 20.30-20.50 |
| Students (5min each) | 20.50-21.00 |
| | emiology Bagaki A Giannakopoulou A Vlahos A Papadopoulou-Legbelou K Anagnostopoulou A Karatza A Ballmann L Papagiannis I |

Thursday November 7th

Pediatric Electrocardiogram Workshop

Synchronous e-learning lectures (Zoom platform) Afternoon 17.00-21.00

Interactive Pediatric ECG Workshop Germanakis I.

Part I. 17.00-19.00

PAUSE 19.00-19.15

Part II. 19.15-21.00

Friday November 8th

Pediatric Cardiac Auscultation Workshop. Part I

Synchronous e-learning lectures (Zoom platform) Afternoon 17.00-21.00

Interactive Digital Phonocardiography Workshop Germanakis I.

Part I. 17.00-19.00

PAUSE 19.00-19.15

Part II. 19.15-21.00

Saturday November 9th

Pediatric Cardiac Auscultation. Part II.

Synchronous e-learning lectures (Zoom platform) Morning 09.00-12.30

Interactive Digital Phonocardiography Workshop Germanakis I.

Part I 09.00-10.30

PAUSE 10.30-10.45

Part II 10.45-12.30

Certification Exams Afternoon 13.00-15.00

Certification Exams-Clinical Skills-Digital Phonocardiography

Certification Exams –Theory –Course Validation

FACULTY:

Anagnostopoulou Andriana MD, MSc.MRCPCH, Consultant Univ. Hosp. Agia Sofia , Pediatric Cardiology

Bagaki Alena MD, PhD candidate, Consultant Primary Care Pediatrics

Ballmann Lisa MD, Univ. Hospital Innsbruck, Pediatric Cardiology

Bitsori Maria, MD, PhD, Consultant, Univ. Hosp. Heraklion, Pediatric Nephrology

Dimitriou Rozalia, Assist. Prof. UOC, Pediatric Orthopedics

Drakonaki Elena, Assist Professor, UOC, Anatomy /Clinical Radiologist-Vice President of European Society of Skeletal Radiology

Germanakis Ioannis, Prof. UOC, Pediatrics- Pediatric Cardiology

Giannakopoulou Aikaterini, MD,PhD, Consultant Univ. Hosp. Agia Sofia Pediatric Cardiology Presidenτ of the Hellenic Society of Pediatric Cardiology

Ilia Stavroula, Assoc. Prof. UOC, Pediatric Critical Care

Karatza Ageliki, Prof. University of Patras, Pediatric Cardiology

Katzilakis Nikolaos, MD, PhD, Consultant Univ. Hosp.Heraklion, Ped. Hematology-Oncology

Lioudaki Marilia, MD, PhD, Consultant Univ. Hosp. Heraklion, Pediatric Diabetes

Maniadaki Ilianna, MD, PhD, Consultant Univ. Hosp. Heraklion, Pediatric Endocrinology

Papadopoulou-Legbelou Kiriaki, Prof. University of Thessaloniki, Pediatric Cardiology

Papagiannis Ioannis, MD, PhD, Director, Pediatric and Adult CHD, Onassis Cardiac Center.

Paraskakis Emmanouil, Prof. UOC, Pediatric Pulmonology

Perdikogianni Chrysoula, Assist. Prof. UOC, Pediatrics

Pratikaki Anastasia, PhD, Teaching Staff, UOC, Developmental Psychology

Plainis Sotirios, MSc, PhD, FBCLA, Lab. Of Vision-Optics, UOC, Optometry

Raisaki Maria, Prof UOC, Paediatric Radiology, Board Member in European Society of Paediatric Radiology (ESPR)

Vakis Antonios, Honor. Prof, UOC, Neurosurgery

Vergadi Eleni, Assist. Prof. UOC, Pediatrics

Vlahos Antonios, Prof. University of Ioannina, Pediatric Cardiology

Vorgia Pelagia, MD,PhD, Pediatric Neurology

Vrekousis Thomas, Elected Assoc. Prof. UOC, Obstetrics-Gynecology

Students with short presentations: To be defined